

## Managers, Coaches, & Board Member Compliance Requirements

<u>*Goal*</u>: Make certain that Alpine LL is in compliance with all Little League Rules, city and state laws and our own standards.

1. Complete the <u>JDP background check</u> required by Little League International through the Alpine Little League website. (5 min)

2. Complete <u>LiveScan fingerprint check</u> as required by California law. See attached form and locations on the next page. *We will be running a League-wide LiveScan* session for all managers/coaches to make this as efficient as possible. (5 min) *We are waiting on a code from the state. Please do not do anything for this requirement until you hear more from us.* 

3. Attend <u>Positive Coaching Alliance</u> training hosted by Alpine Little League. Approx. (approx. 1 hour)

4. Collect <u>Medical Release Forms</u> from all players on your team. Players were sent them with registration confirmation and the form can also be found <u>here</u>. Keep them with you at practices and games in case of emergency. *If you are using TeamSnap, you can have parents upload the completed form directly to TeamSnap and you will have it with you electronically in the app.* 

IMPORTANT: The below items are Little League and legal requirements for Alpine LL. We are required to track compliance. As such we have set up this Form and are asking all managers/coaches/board members to self-report when you have completed requirements 5 - 10.

5. Attend Coach <u>Fundamentals Training</u> coordinated by Division Commissioner and Coaching Coordinator. At least one coach or manager from each team attends. (approx 1 hour)

6. Attend <u>First Aid/CPR/AED Training</u>, with at least one coach or manager from each team attending. Every manager/coach must attend once every 3 years. (45 min - 1 hour)



7. Acknowledge receipt and that you have reviewed the <u>Alpine Little League Safety</u> <u>Plan</u> available on the league website. Please acknowledge on <u>google form</u>. (15 min)

8. Acknowledge receipt and that you have reviewed the <u>Concussion and Head</u> <u>Injury Prevention Educational Materials</u> available on the league website. Please acknowledge on <u>google form</u>. (5 min)

9. Acknowledge receipt and that you have reviewed these <u>Sudden Cardiac Arrest</u> <u>Prevention Educational Materials</u> available on the league website. Watch <u>this video</u> for Coaches on Sudden Cardiac Arrest Prevention (20 minutes). Acknowledge you have completed both on the <u>google form</u>. (25 min total)

10. Review attached document on Little League's Child Protection Program (also available at alpinelittleleague.com/safety). (10 min) All managers/coaches are *encouraged* to complete the free <u>Pure Baseball Abuse Awareness Training</u> course, available through Little League and provided by USA Baseball. This is an online course that takes 30-45 minutes to complete. Acknowledge receipt on google form.



## Live Scan Locations and Costs:

Alpine LL will host a couple opportunities for coaches and managers to be LiveScan fingerprinted - either at player evaluations, coach trainings or other times when it is convenient for coaches/managers to attend. If a coach/manager cannot attend one of this Alpine LL sponsored events, we ask that you please complete the LiveScan requirement on your own at one of these locations. You will need to bring the completed LiveScan form available on the Alpine Little League website in the "Coaches Resources" section.

 The UPS Store - Sharon Heights 325 Sharon Park Drive Menlo Park, CA 94025 1 (650) 233-1953 <u>info@certifixlivescan.com</u> Mobile services are available https://www.certifixlivescan.com/CA-Social-Distancing.html

Weekdays, Walk-ins, 10:00 am to 4:00 pm Cost: \$35.00

2. Post N' More

1259 El Camino Real Menlo Park, CA 94025 (650) 326-6245

postnmore@gmail.com Mobile services are available https://www.ApplicantServices.com/CA-Social-Distancing

Weekdays, Walk-ins, 9:00 am to 6:00 pm Saturday, Walk-ins, 10:00 am to 4:00 pm Cost: \$30.00